



St Nicholas' Primary and Nursery School

Live, Love, Learn & Be Happy

Managing Sickness Absence from School

Whether or not you send your child to school will depend on how severe you judge the illness to be. The following may help you to make that judgement. If you are concerned about your child's health, consult a Doctor.

Cough and Cold

A child with a minor cough or cold may attend school. If the cold is accompanied by raised temperature, shivers or drowsiness, the child should stay off school. If your child has a more severe and long-lasting cough, consult your Doctor.

Sore Throat

A sore throat alone does not have to keep a child from school. If it is accompanied by a raised temperature, the child should stay at home.

Raised Temperature

If your child has a raised temperature, they should not attend school. They can return 24 hours after they are feeling better.

Headache

A child with a minor headache does not usually need to be kept off school. If the headache is more severe or is accompanied by other symptoms such as raised temperature or drowsiness, then keep the child off school.

Vomiting and diarrhoea

Children with these conditions should be kept off school. They can return 48 hours after their symptoms disappear.



Rash

Rashes can be the first sign of many infectious illnesses such as chickenpox or measles. Children with these conditions should not attend school. If your child has a rash, check with your Doctor or practice nurse before sending them to school.

All absence from School should be reported to the school office on (242838

Covid

If your child tests positive for covid, please follow the most recent guidance on the [DFE website](#)

